

"You can do anything you decide to do. You can act to change and control your life; and the procedure, the process is its own reward"

Amelia Earhart



ROLES AND GOALS

Are you a husband? wife? mum? dad?
brother? sister? son? daughter?
Maybe you're an uncle, grandpa, nan?
What's your role at work? Do you have
a community role? How about your role
as a friend? a neighbour? a citizen? Write
some roles that most matter to you and
goals for each role

MY GOALS

AS A
I'm aiming for:

1.
2.
3.
4.

AS A
I'm aiming for:

1.
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4.

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